

**California State University, San Bernardino**

***Biennial Review Report on Alcohol and other Drugs Programs and Policies in Compliance with the Federal Drug-Free Schools and Campuses Regulations***

**October 2008**

**A joint report from the Division of Student Affairs and the Office of Human Resources, California State University, San Bernardino**

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**Requirement of the Regulations:**

1. Prepare a written policy on alcohol and other drugs.

**Compliance with the regulations:**

California State University, San Bernardino has a Policy Regarding the Sale, Consumption and Possession of Alcohol Beverages which went through extensive revision and approvals in 2007. The policy was reviewed by Administrative Council and approved by the University President in May 2007. The policy is available on the University's website at <http://policies.csusb.edu>.

California State University, San Bernardino has published annually the following regarding students in its Bulletin/Catalogue since 1991/92. It has also been on the University's website over the past several years at <http://catalog.csusb.edu>.

"As required by the Drug-Free Schools and Communities Act Amendments of 1989, university standards of student conduct prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students on university property or as part of any university activity.

Notwithstanding other penalties provided by local, state and federal law which prohibit the above activity, under Title 5, California Code of Regulations, 41301- 41304, university disciplinary sanctions which may be imposed are expulsion, suspension, probation or lesser sanctions.

Studies on the effects of controlled substances have determined that the use of such substances can lead to addiction, lung damage, heart damage, brain damage, unpredictable behavior, paranoia and other physical and mental disorders.

The Counseling Center can assist students in locating available drug and alcohol counseling, treatment or rehabilitation or re-entry programs. The Counseling Center is located in the Health Center, Room 136, 537-5040.

California State University, San Bernardino has a Drug Policy for employees, Personnel Policy #609, approved by Administrative Council on February 4, 1991. This policy can be accessed on the University's website at <http://policies.csusb.edu>. The Human Resources Department also provides information and awareness material for faculty and staff regarding the risks associated with the abuse of drugs and alcohol.

The office of Housing and Residential Life publishes its standards of conduct regarding prohibition of alcohol use or possession as well as the possession, usage, provision or manufacture of controlled substances in its annual Resident Handbook. Copies of the handbook are available in the office of Housing and Residential Life and on the department website at <http://housing.csusb.edu>.

The Department of Intercollegiate Athletics maintains a Drug Education and Screening Program the purpose of which is to promote a drug free environment with the university's intercollegiate athletic program. The goals of the program are to educate the student-athletes about drug abuse; to deter the use of potentially harmful drugs and/or performance enhancing drugs which undermine the integrity of athletic competition; and to promote the physical and psychological well being of student-athletes. All student athletes are subject to drug testing under NCAA rules. Copies of the Drug Education and Screening Program are available in the Department of Intercollegiate Athletics.

These policies and programs are attached as a part of this report.

### **Requirement of the Regulations:**

2. Develop a sound method for distribution of the policy to every student and staff member each year.

### **Compliance with the regulations:**

Information regarding the Policy Regarding the Sale, Consumption and Possession of Alcohol Beverages is distributed via e-mail to all staff and students annually, during the Fall quarter.

California State University has published the statement in Item 1 annually in its Bulletin/Catalogue since 1991/92. It has also been on the University's website over the past several years at <http://catalog.csusb.edu>.

The campus' policy for employees, Personnel Policy #609, approved by Administrative Council on February 4, 1991, is disseminated to all new employees upon hire and to via email to all staff and faculty annually during the Fall quarter. This policy can be accessed on the University's Policies and Procedures web site at <http://policies.csusb.edu/drugpolicy.htm>.

The office of Housing and Residential Life distributes its Resident Handbook to all residents as they contract for housing on campus. The handbook includes State and Federal laws as well as

University and Housing policies. The Housing Alcohol Policy and the University Alcohol Policy are also listed on the housing web page.

The Department of Intercollegiate Athletics distributes its Drug Education and Screening Program information to all student-athletes every fall during the annual compliance meeting.

### **Requirement of the Regulations:**

3. Prepare a biennial review report on the effectiveness of its alcohol and other drug (AOD) programs and the consistency of policy enforcement.

### **Compliance with the regulations:**

The Health and Counseling Center Director is satisfied that the Counseling Center involvement is appropriate and adequate, given the restrictions of short-term, eight session counseling and that there are four full-time licensed counselors. The Center is prepared to implement changes should any conditions or University mandates require it.

The University Police Department insures the consistent enforcement of all relevant university policies, working with appropriate university departments, i.e., Housing and Residential Life, Student Leadership and Development, Intercollegiate Athletics, etc. University Police also provides intervention programs campus-wide and to Housing students.

At the initiation of the Chancellor's Office of the California State University, each CSU campus including CSUSB has implemented the CSU Alcohol Policies and Prevention Programs, approved by the CSU Board of Trustees July 10-11, 2001. CSUSB developed the Alcohol Advisory Council, which has been meeting since December 2001. The Alcohol Advisory Council changed its name to the Alcohol, Tobacco and Other Drugs Advisory Council in Spring 2004 to expand its charge to include tobacco and other drugs. The Council has the overall responsibility to plan, develop, implement, review and assess the impact of alcohol education and prevention programs on student drinking behaviors. The Council has worked over the past three years to establish vision, design a strategic plan, prepare initiatives, determine priorities, provide direction to the sub-committees, plan, solicit, and manage financial resources. The Policy Review subcommittee has provided input and reports to the Council on its review for compliance and updates of campus alcohol policies. The Research and Program Sub-committee was split into two distinct committees in 2003. The Programs Sub-committee has provided input and reports to the Council on the implementation and assessment of campus programs and activities (mostly targeted at students), including their effectiveness and impact on student drinking behaviors, as appropriate. The Research Committee was dissolved in 2006 because the research information was being presented directly to the Council by the Director of Institutional Research.

To implement the goals and purposes of the Alcohol Advisory Council, CSUSB obtained a grant from the Chancellor's Office for \$25,000 with a matching amount from the university. Further, the Office of Traffic Safety gave CSUSB a grant of \$50,000+ toward the Sober Driver Initiative

to reduce incidents of driving under the influence (DUI) (2003-05). In Summer 2008 the university subscribed to the e-Chug Program and is using the program for all first time freshmen.

The campus has a new Judicial Affairs Officer who attests that the number of student conduct cases over the past year, which involved alcohol or drugs, is small (eight). According to the previous Judicial Affairs Officer, these eight cases represent an increase over the one or two cases per year previously reported. It is also interesting to note that all eight students were male. The sanctions for such behavior have been enforced consistently. These data may be under-representative as students are most often sanctioned because of their behavior, not the contributory consumption or use of controlled substances, although this number is growing. On-campus housing works in coordination with Judicial Affairs to monitor and intercede with alcohol and drug enforcement and education programs.

Human Resources is also presenting information and awareness material for faculty and staff regarding the risks associated with the abuse of drugs and alcohol.

The Office of Housing and Residential Life maintains a judicial database of all policy violations that occur in on-campus. Using this database, we are able to assess how many of our students are ‘repeat’ violators and/or if there is a pattern or trend of alcohol-associated behavior, i.e. vandalism instances as a result of alcohol use or abuse. In addition, each of our student leaders (Resident Assistants) are required to provide at least one active and one passive (bulletin board) programs about the use and abuse of alcohol and other drugs throughout the year (this represents approximately 35 programs throughout the academic year). The following is the breakdown of the number of students involved in an alcohol and/or drug-related violation during the 2006-07 and 2007-08 year.

<b>Housing &amp; Residential Life</b>	<b>2006-07</b>	<b>2007-08</b>
<b>Total # students involved in Alcohol Violation</b>	276	227
<b>Total # students involved in Drug Violation</b>	18	30
<b>Sanction Imposed*</b>	<b>2006-07</b>	<b>2007-08</b>
Warning due to Alcohol violation	67%	67%
Warning due to Drug violation	0%	0%
Probation due to Alcohol violation	33%	33%
Probation due to Drug violation	78%	57%
Eviction due to Alcohol violation	1%	6%
Eviction due to Drug violation	6%	30%
Eviction due to Alcohol and Drug violations	1%	2%

\*Of the Total # of students involved with violation, percentage of students who received the sanction indicated for that year, i.e. warning, probation, etc.

In addition to the sanctions listed above, educational sanctions for alcohol-related violations may include: Alcohol 101, Student writing a letter to parents to inform them of their recent violation involvement, Referral to Counseling Center, Reflection paper regarding experience, and/or Requirement to create a poster/brochure on dangers of drinking on campus.

University Police reports that there were no fatalities related to drugs or alcohol. The following are statistics were provided by the Chief of University Police:

Drunken Driving Arrests – 26

Drunk in Public Arrests – 13

Drugs Related Arrests - 16

**Requirement of the Regulations:**

4. Maintain its biennial review report on file, so that, if requested to do so by the U.S. Department of Education, the campus can submit it.

**Compliance with the regulations:**

A copy of this biennial report can be found at the Office of the Vice President for Student Affairs, University Hall room 231, 537-5185 and on the Student Affairs web site at <http://studentaffairs.csusb.edu>.